

Spiritual Disciplines
Reading and Studying Scripture

A: WHAT IS THE BIBLE?

- Most influential book in _____
- Explores big questions about _____
- Inspires and confuses people
- Small library of books that emerged out of the history of the people of _____

A _____ story that leads to _____

Reliability of Scripture:

- Most _____ of any ancient writing and faithfully _____
- _____ supported
- _____ written shortly after the events it records

Notes:

B: JESUS' VIEW OF SCRIPTURE - *Mark 12:18 & John 5:38*

Notes:

C: WHAT IS THE BIBLE FOR? *2 Timothy 3:14*

1. T_____

2. R_____

3. C_____

4. T_____

GOAL: _____ and _____ for every good work

“The end goal of Scripture is for God through Scripture to teach us and rebuke us and correct us and nurture us to grow us up in the expansion of our soul until we become the best version, not just ourselves, but the best version all human beings have the potential to become through wholeness in Christ.”

- John Mark Comer

D: INFORMATION VS TRANSFORMATION

Robert Mulholland’s big idea in his book “Shaped by the Word” is that we need shift our posture from _____ (reading to be informed) to _____ (reading to be Spiritually formed)

INFORMATION	TRANSFORMATION
Consumption	
Control	
Linear	
To master text & control it for our purposes	
Instant gratification	
Own own production	
Ideological Idolatry	

Notes:

E: READING THE BIBLE

1. Let the Bible speak of _____
2. Read loud portions _____
3. Read _____ books/letters
4. _____
 - a) _____ to meet with God
 - b) _____ (lectio)
 - c) _____ (meditation)
 - d) _____ (oratio)
 - e) _____ (contemplatio)
5. _____
 - a) _____ cards
 - b) _____ yourself
 - c) Make it _____
 - d) _____ writing
 - e) Repetitive _____
 - f) _____

RESOURCES:

1. Daily Bread
2. Daily Audio Bible App
3. biblegateway.com
4. blueletterbible.org
5. Seeds Family Worship (Right Now Media)

Notes:

F: STUDYING THE BIBLE

The Bible is a chiastic structure!

A: _____ - Reigning with God

B: Sin through one man bringing _____

C: _____

B: One man becoming sin and dying to bring _____

A: _____ - Reigning with God

Notes:

RESOURCES:

1. Kenneth E Bailey - Jesus Through Middle Eastern Eyes (Gospels) & Paul Through Mediterranean Eyes (1 Corinthians)
2. bibleproject.com - you can start with "How to Read the Bible" series

FINAL THOUGHT: Just _____

Want to dig deeper? For more in-depth teaching visit: practictheway.org/practices/scripture